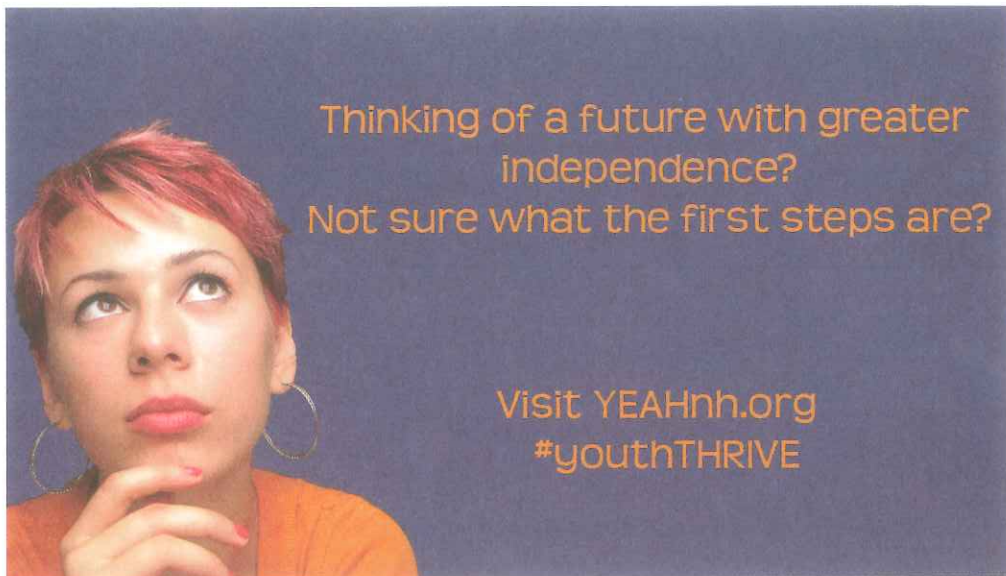


# YEAHnh.org is LIVE!

Online resources to help young people to navigate educational, social, physical and mental health issues



Parent Information Center of NH and NH Family Voices recently launched an online resource for teens and young adults in NH ages 14-26. YEAHnh.org is an interactive, content rich website geared towards granite state youth who

fulfilling lives. Those areas are advocacy, education, employment, finances, healthcare, leadership and life skills. There is a resource page for each of these categories with information on everything from how to write a

*“YEAHnh.org is a first of its kind resource in NH because it was created exclusively for teens and young adults. The beauty of this website is that it’s a place for young people to access information, resources and inspiration as they begin to take the necessary steps to the life they dream of for themselves.”*

*– Robin deAlmeida, Marketing & Outreach  
New Hampshire Family Voices*

are experiencing challenges in school, socially, or with physical or mental health. It also serves as a resource for any young person looking to gain independence and knowledge about personal finances, employment, living on their own and planning for life after high school.

YEAHnh.org addresses six main areas that teens and young adults need to know about to live independent,

resume and manage a personal budget to communicating effectively and transitioning from pediatric to adult healthcare.

The website also has a variety of different ways in which young people can engage with each other. There are galleries where visitors can submit and share artwork, music and stories about their journey to independence or anything going on in their lives. The “Ask a

Youth” feature allows visitors to submit questions about growing up with a disability, challenge or health condition that is answered by a team of NH teens and young adults. There are also news feeds featuring headlines that pertain specifically to the youth population. There are also live Twitter and Instagram feeds, a necessity for this age group. And a calendar of youth focused events such as camps, workshops, webinars and local entertainment.

YEAHnh.org is also the online hub for YEAH Council, a group of young leaders doing important work throughout NH in the areas of advocacy, education and healthcare.

Check out YEAHnh.org and let us know what you think!

