

# ROAD MAP TO CHILDREN'S SERVICES: A Southeastern NH Provider Guide

\* Dial 211- NH Statewide Resource & Referral Service \*


## HEALTH

Healthy Kids-Insurance  
**1-877-464-2447**  
Community Health  
Services (Insurance)  
**425-2545**  
State Dental Program  
**271-4535**  
New Hampshire  
Special Medical Services  
**800 852-3345**




## BEHAVIORAL HEALTH

Center for Life Management  
**434-1577**  
Mental Health Center  
of Greater Manchester  
**668-4111**  
Partners in Family  
Wellness, PLLC  
**898-3388**  
RMB Counseling  
**216-9244**  
NAMI  
**800 242-6264**  
  
Contact your Insurer



## DEVELOPMENTAL & EDUCATIONAL

Region 10  
Area Agency for  
Developmental Services-Birth to 3  
**893-1299**  
Pre-School Special ED  
ages 3 to 21  
See listing by town on reverse side  
Head Start  
**431-2911**  
Family Resource Connection  
**800-298-4321**



## FINANCIAL

NH Dept. of Health &  
Human Services  
**893-9763**  
Food Stamps/TANF  
**893-9763**  
Homeless Hotline  
**1-800-852-3385**  
WIC-Rockingham County  
**1-800-256-9880**  
Social Security  
**641-2180**  
CART-Transportation  
**434-3569**



## ABUSE & DOMESTIC VIOLENCE

Crisis Hotline (24/7)  
**668-2299**  
DCYF Child Abuse Hotline  
**1-800-894-5533**  
A Safe Place  
**1-800-854-3552**  
  
Call your local police department



## PARENTING RESOURCES

Child Care Referrals  
**893-8446**  
Child & Family Services  
**518-4000**  
Parent Information Center  
**1-800-974-7005**  
Salem Family Resources  
**898-5493**  
Upper Room-Derry  
**437-8477**

## **HEALTH**

- |  |  |              |
|--|--|--------------|
| ⑧ Healthy Kids-Insurance- Income eligibility                 | <a href="http://www.nhhealthykids.com">www.nhhealthykids.com</a>   | 877-464-2447 |
| ⑧ Community Health Services (Insurance)                      |  | 425-2545     |
| ⑧ State Dental Program-information for access to dental care |  | 271-4535     |
| ⑧ New Hampshire Special Medical Services                     | <a href="http://www.dhhs.state.nh.us/DHHS/SPECIALMEDSRVCS">www.dhhs.state.nh.us/DHHS/SPECIALMEDSRVCS</a> | 800-852-3345 |

## **BEHAVIORAL HEALTH**

- |  |  |                         |
|--|--|-------------------------|
| ⑧ Center for Life Management                 | <a href="http://www.centerforlifemanagement.org">www.centerforlifemanagement.org</a>   | 434-1577                |
| ⑧ Mental Health Center of Greater Manchester | <a href="http://www.mhcgm.org">www.mhcgm.org</a>                                       | 668-4111                |
| ⑧ Partners in Family Wellness, PLLC          | <a href="http://www.partnersinfamilywellness.com">www.partnersinfamilywellness.com</a> | 898-3388                |
| ⑧ RMB Counseling Associates                  | <a href="http://www.rmbcounselingassociates.com">www.rmbcounselingassociates.com</a>   | 216-9244                |
| ⑧ NAMI National Alliance on Mental Illness   | <a href="http://www.nami.org">www.nami.org</a>   | 800-242-6264NH 225-5359 |

## **DEVELOPMENTAL & EDUCATIONAL**

### **Developmental Screenings:**

- |   |  |          |
|---|--|----------|
| ⑧ Salem Family Resources-Success By 6       | <a href="http://www.salemfamilyresources.org">www.salemfamilyresources.org</a> | 898-5493 |
| ⑧ Upper Room- Family Resource Center, Derry | <a href="http://www.urteachers.org">www.urteachers.org</a>                     | 437-8477 |

**Early Support & Services**-children birth to three years old whose development may be delayed.

- |                               |                        |   |          |
|-------------------------------|------------------------|---|----------|
| ⑧ <b>Community Crossroads</b> | First point of contact | <b>referrals for Birth to 3;</b> to adult | 893-1299 |
|-------------------------------|------------------------|---|----------|

### **Preschool Special Education**

- |             |                     |  |               |
|-------------|---------------------|--|---------------|
| ⑧ Atkinson  | TIMBERLANE Regional | <a href="http://www.timberlane.net">www.timberlane.net</a>           | 382-7146 x211 |
| ⑧ Chester   | CHESTER             | <a href="http://www.sau14.org">www.sau14.org</a>                     | 887-3621      |
| ⑧ Danville  | TIMBERLANE Regional | <a href="http://www.timberlane.net">www.timberlane.net</a>           | 382-7146 x211 |
| ⑧ Derry     | DERRY               | <a href="http://www.derry.k12.nh.us">www.derry.k12.nh.us</a>         | 432-1215      |
| ⑧ Hampstead | HAMPSTEAD           | <a href="http://www.hampstead.k12.nh.us">www.hampstead.k12.nh.us</a> | 329-6326      |
| ⑧ Newton    | SANBORN Regional    | <a href="http://www.sau17.org">www.sau17.org</a>                     | 642-3688      |
| ⑧ Pelham    | PELHAM              | <a href="http://www.pelhamsd.org">www.pelhamsd.org</a>               | 635-8875      |
| ⑧ Plaistow  | TIMBERLANE Regional | <a href="http://www.timberlane.net">www.timberlane.net</a>           | 382-7146 x211 |
| ⑧ Salem     | SALEM               | <a href="http://www.sau57.org">www.sau57.org</a>                     | 893-7040      |
| ⑧ Sandown   | TIMBERLANE Regional | <a href="http://www.timberlane.net">www.timberlane.net</a>           | 382-7146 x211 |
| ⑧ Windham   | WINDHAM             | <a href="http://www.windhamsd.org">www.windhamsd.org</a>             | 537-9737      |

### **referrals for 3+ year olds**

## **FINANCIAL**

- |   |  |                          |
|---|--|--------------------------|
| ⑧ NH Dept. of Health & Human Services-<br>Food Stamps, TANF-Temp. Assist.for Needy Families | <a href="http://www.dhhs.state.nh.us">www.dhhs.state.nh.us</a>                   | 800-852-0632<br>883-7726 |
| <b>APPLY for assistance ON LINE</b>   | <b><a href="http://nheasy.nh.gov">nheasy.nh.gov</a></b>                          |                          |
| ⑧ Healthy Kids Insurance-sliding income scale   | <a href="http://www.nhhealthykids.com">www.nhhealthykids.com</a>                 | 877-464-2447             |
| ⑧ Homeless Hotline  |  | 800-852-3385             |
| ⑧ WIC- Women Infants Children nutrition- income eligible                                    | <a href="http://www.dhhs.nh.gov/dphs/nhp/wic/">www.dhhs.nh.gov/dphs/nhp/wic/</a> | 486-7499                 |
| ⑧ Social Security-Disabilities  | <a href="http://www.sscdisability.com">www.sscdisability.com</a>                 | 641-2180                 |
| ⑧ CART-Transportation   | <a href="http://www.cart-rides.org">www.cart-rides.org</a>                       | 434-3569                 |

## **ABUSE & DOMESTIC VIOLENCE**

- |  |  |              |
|--|--|--------------|
| ⑧ Crisis Hotline (24 hours a day/7days a week) |  | 668-2299     |
| ⑧ DCYF Child Abuse Hotline                     | <a href="http://www.dhhs.nh.gov">www.dhhs.nh.gov</a>           | 800-894-5533 |
| ⑧ A Safe Place, for victims of domestic abuse  | <a href="http://www.asafeplacenh.org">www.asafeplacenh.org</a> | 800-854-3552 |

## **PARENTING RESOURCES and REFERRAL ASSISTANCE**

- |   |  |              |
|---|--|--------------|
| ⑧ Child Care Referrals                      | <a href="http://www.rcaction.org">www.rcaction.org</a>                         | 893-8446     |
| ⑧ Child & Family Services                   | <a href="http://www.cfsnh.org">www.cfsnh.org</a>                               | 518-4000     |
| ⑧ Parent Information Center                 | <a href="http://www.picnh.org">www.picnh.org</a>                               | 800-974-7005 |
| ⑧ Salem Family Resources-Success By 6       | <a href="http://www.salemfamilyresources.org">www.salemfamilyresources.org</a> | 898-5493     |
| ⑧ Upper Room- Family Resource Center, Derry | <a href="http://www.urteachers.org">www.urteachers.org</a>                     | 437-8477     |
| ⑧ Family Resource Connection-NH Library     | <a href="mailto:www.frc@dcr.nh.gov">www.frc@dcr.nh.gov</a>                     | 800-298-4321 |

**211 New Hampshire** -New Hampshire Statewide Resource & Referral Service

toll free in-state **DIAL 211**, or toll free out-of-state: **1-866-444-4211**

**From Front:**

**HEALTH**

**Healthy Kids-Insurance  
1-877-464-2447**

**Community Health  
Services (Insurance)  
425-2545**

**State Dental Program  
271-4535**

**New Hampshire  
Special Medical Services  
800 852-3345**

**BEHAVIORAL HEALTH**

**Center for Life Management  
434-1577**

**Mental Health Center  
of Greater Manchester  
668-4111**

**Partners in Family  
Wellness, PLLC  
898-3388**

**RMB Counseling  
216-9244**

**NAMI  
800 242-6264**

**DEVELOPMENTAL & EDUCATIONAL**

**Community Crossroads  
Area Agency for  
Developmental Services-Birth to 3; to adult  
893-1299**

**Pre-School Special ED  
ages 3 to 21  
See listing by town on reverse side**

**Head Start**  
**431-2911**

**Family Resource Connection**  
**800-298-4321**

## **FINANCIAL**

**NH Dept. of Health &  
Human Services**  
**883-7726**

**Food Stamps/TANF**  
~~893-9763~~ 800-852-0632 or the **883-7726**

**Homeless Hotline**  
**1-800-852-3385**

**WIC-Rockingham County**  
**1-800-256-9880**

**Social Security**  
**641-2180**

**CART-Transportation**  
**434-3569**

## **ABUSE & DOMESTIC VIOLENCE**

**Crisis Hotline (24/7)**  
**668-2299**

**DCYF Child Abuse Hotline**  
**1-800-894-5533**

**A Safe Place**  
**1-800-854-3552**

## **PARENTING RESOURCES**

**Child Care Referrals**  
**893-8446**

**Child & Family Services**

**518-4000**

**Parent Information Center  
1-800-974-7005**

**Salem Family Resources  
898-5493**

**Upper Room-Derry  
437-8477**